



## MY SECOND HOME PEDIATRICS

### **Your child is a curious and fearless 15 month old!**

Children who are 15 months old are becoming more and more active as they master skills of motor development, i.e. they are walking and even beginning to run everywhere! 15 month olds seek independence much more adamantly than ever before, throwing temper tantrums in the grocery store, refusing to be dressed in the morning when mom and dad are running late for work OR even holding his/her breath! Though tricky, 15 month olds are SO fun to watch as they explore their environment and have an increased ability to interact socially. Watch out though, they are also fearless and can be prone to injury. This hand out will help you know what to expect over the next three months before your baby is 18 months old (1 ½!!).

#### **Development:**

- Begins to run
- Pretend plays
- Begins learning body parts
- Points to pictures
- Begins to expand vocabulary

#### **Safety:**

- Lock windows and doors/gate stairs
- Keep all guns in locked cabinet
- Set limits (be consistent)
- Keep all poisonous substance locked or out of reach
- Continue car seat
- Use sun screen of 30 or higher when in sun
- May begin biting or aggressive behavior (Use a FIRM “no” with stern facial expression, be consistent, warn others about laughing at biting or making biting out to be a game)

#### **Nutrition:**

- Offer regular meals with snacks in between
- Children often begin to slow weight gain, so don't be alarmed if they are not gaining as much weight as they did initially

#### **When you need to call for our advice:**

- Fever greater than 101.5 rectally, lasting longer than three days and/or does not respond to medication
- Skin rash that looks red pin pricks or purplish spots
- Inconsolability/irritability
- Failure to eat
- Persistent vomiting, diarrhea
- You are uncomfortable with your child's behavior

You may give your child Tylenol drops. Your child's Tylenol dose is \_\_\_\_\_.

You may give your child Motrin/Advil/Ibuprofen drops. Your child's dose is \_\_\_\_\_.

If you have any questions/concerns, please call our office at (248) 865-0030 and we will be happy to assist you. Good luck keeping up with your growing toddler!! ☺